



Wild Lingonol™

100% raw Lingonberry extract

Supports detoxification & immunity* • Hand picked remote-source

Raw Lingonol is made from the most remote source wild berries conceivable. These are wild lingonberries found in the far north of Canada. Consumed by bear, grouse, swans, cranes, fox, martin, and geese, lingonberries are extremely remote and only grow in pristine areas untouched by humans. It is a major ordeal to find them in the wild. Yet, it is worthwhile, because lingonberry is one of the most powerful of all wild berries. This is a dark, reddish-brown berry packed with potent antioxidants. In fact, lingonberry is much more potent in antioxidant power than blueberries.

In northern Europe lingonberries have a proven history as a highly potent berry. Tough, they grow low to the ground and produce a wide range of antioxidants and germicides for self-protection. Lingonberry is one of the cleanest, least polluted of all fruit. It will only grow in remote areas. Tests show that it is exceedingly low in contaminants, including heavy metals.

The brilliant crimson-to-reddish color is also a sign of Lingonol's significant power. The powerful anthocyanins and antioxidants which give it that beautiful deep color are found in abundance in the raw lingonberry. Lingonberries contain quercetin and cinnamic acid, along with considerable amounts of epicatechin and catechin. This means that extracts of lingonberry such as Lingonol are among the most powerful antioxidants known. Of all northern berries, lingonberry scores highest in antioxidant activities. For instance, ORAC testing proves it is over twice as potent as wild blueberry.

According to the *European Journal of Clinical Nutrition* (2003) increased intake of lingonberry can be recommended, because in addition to quercetin it is a rich source of many other beneficial substances including vitamin C, provitamin A, B1, B2, and B3. It is also a top source of minerals, especially potassium, calcium, magnesium, and phosphorous. NAHS meets your need for a pure, wild whole food supplement—a true wild berry extract where all the delicate components necessary for optimal nutrition, which are destroyed by typical processing methods, are retained.

Directions: Take twenty or more drops of this potent, raw extract under the tongue twice daily. For maintenance take at least 10 drops daily. Also add to water, juice, or milk. Use it to support a healthy urinary system and also a healthy immune response.*

12,180 ORAC units per bottle



North American Herb & Spice, 13900 W. Polo Trail Drive, Lake Forest, IL 60045
1-800-243-5242 • 1-847-473-4700 • fax: 1-847-473-4780 • www.oreganol.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.